

# MAJORETTE HANDBOOK 2025

# **CONTENTS**

AMENDMENTS	4
SECTION 1 : Majorette Rule Book	5
SECTION 2 : GENERAL COMPETITION RULES	5
2.1 COMPETITION YEAR	5
2.2 COMPETITION STRUCTURE	5
2.3 COMPETITION SCHEDULE OF EVENTS	5
2.4 COMPETITION ELIGIBILTY	6
2.5 COMPETITION PROCEDURES	6
2.6 RESPONSIBILITY OF ATHLETES, CLUB DIRECTORS & SUPPORTERS	7
2.7 QUERIES & COMPLAINTS PROCEDURE	8
SECTION 3 : Age Divisions	8
3.1 INDIVIDUAL EVENTS	8
3.2 DUET & TEAM EVENTS	9
SECTION 4: Timings	10
SECTION 5 : Restrictions & Definitions	<u>1</u> 1
- 4 0-11-14   1-0-10-10-10-10	4.4
5.1 GENERAL RESTRICTIONS	11
5.2 ACROBATICS	11
4.4 RESTRICTIONS BATON TEAMS	12
CECTION C - D D	40
SECTION 6: PENALTY DEFINITIONS	13
SECTION 7 : EVENT DEFINITIONS	14
OLO HOR F. LVERI DELIMINONO	
7.1 TRADITIONAL CORPS	14
7.2 EXHIBITION CORPS	15
7.3 SHOW TWIRL ACCESSORIES CORPS ( DUET ST )	15
7.4 FLAG BATON	16
7.5 POM TEAM	17
7.6 BATON TEAM	18
7.7 POM BATTLE	19
7.8 MILITARY FREESTYLE	19

# **Amendments**

Changes to the competition rules will be advised to the membership at least 12 weeks prior to any national competition. Under exceptional circumstances, The NEC reserves the right to alter any rules with less notice if it is deemed to be of benefit to the athletes.

The UTE Majorette Handbook is available on the website and will be updated with the current version when any new changes are made.

REVISION	DATE	DESCRIPTION
FIRST ISSUE	01.09.2024	First issue of the Handbook.

# SECTION 1: UTE Majoretes

# 1.1 Majorette Rule Book

This rule book will provide information for all Majorette related events. Baton Twirling events may run alongside Majorette competitions, but you will need to refer to the Twirling rule book to view the rules for twirl related events.

# SECTION 2 : General Competition Rules

# 2.1 COMPETITION YEAR

The competition year will run in conjunction with the membership year. January 1st to December 31st.

# 2.2 COMPETITION STRUCTURE

The North region will host 3 Day competitions to be held at Barnsley Metrodome, and the South East region, will hold 4 day competitions at Maltings Academy, Witham.

There will be 2 Weekend events to be held at the Norbreck Castle in Blackpool, in March and October.

# 2.3 COMPETITION SCHEDULE OF EVENTS

	15-16th March Blackpool Open North	18th May South	1st June North	22nd June South	13th July North	20th July South	28th Sept South	5th Oct North	24-26th Oct Blackpool Nationals
Basic Strut	*	*	*	*		*	*	*	*
Solo – 1 Baton	*	*	*	*	*	*	*		*
Solo – 2 Baton	*	*	*	*	*	*	*		*
Lyrical	*	*	*	*		*	*	*	*
Solo – Artistic Dance	*	*		*		*	*		*
Duet	*	*	*	*	*	*	*		*
The above are all for refer to the UTE Ba	•				hosted a	at some n	najorette	events,	please
Duet Show twirl	*	*		*		*	*		*
Solo Pom Battle	*	*		*		*	*		*
Traditional Corps	*	*	*	*	*	*	*		*
Exhibition Corps	*	*	*	*	*	*	*		*
Military Freestyle	*		*		*				*
Flag Baton	*	*	*	*	*	*	*		*

Show Twirl	*	*		*	*	*	*	*	*
Team Pom	*	*		*	*	*	*	*	*
Team - Baton	*	*	*	*		*	*	*	*

# 2.4 COMPETITION ELIGIBILTY

Both Weekend events in Blackpool are open competitions, so no membership required. All other events memberships, will need to be paid.

#### 2.4.a) MUSIC

Music should be submitted electronically via Dropbox (address provided by Competition Director) at the same time as your entries prior to the competition. All music files must be a single MP3 track named with the following convention:

000-EVENT-LEVEL-NAME-CLUB

# 2.5 COMPETITION PROCEDURES

#### 2.5.a) BACKGROUND EVENT MUSIC

All UTE competitions must use UTE official music which is available on the UTE drop box – for access please email competition@unitedtwirlengland.org

#### 2.5.b) ORDER OF APPEARANCE

Athletes will compete in the order indicated on the set system run sheets. It is the athlete's responsibility to check the progress of the class by referring to the order of appearance numbering system. Before taking the floor, each athlete must present their valid UTE Membership Card to the check-in point. Jockeying for positions is not permitted. If an athlete is due to perform in more than one arena within a short space of time, it is the responsibility of the athlete's Club Director or Independent member's representative to inform the Competition Director / Control Desk of the multiple commitments. Provided that the Competition Director has been made personally aware of the multiple commitments, athletes will be allowed up to 15 minutes between performances. This does not include teams where they are competing in multiple age groups as 2.9c

After the designated last athlete has performed, and the judge has formally closed the class, it shall not be reopened. Any athlete who fails to take their place on the floor in accordance with allocated appearance order without prior sanction of the Competition Director shall be deemed to have voluntarily withdrawn. Competition Director's decision will be final.

#### 2.5.c) ENTRY & EXIT

Entry and exit to the competition floor must be quick and simple without music and made in a professional and sporting manner. Athletes should wait for all others to have completed their routine before exiting the floor. Failure to comply will result in disqualification.

#### 2.5.d) COSTUME & APPEARANCE

There are no costume requirements for any disciplines. However, athletes should bear in mind this is a sport. Costumes should be respectable and take into consideration safety. Underwear should not be visible. Jewellery is worn at the athlete's risk. Athletes do not have to cover tattoos but should consider them within their overall appearance.

#### 2.5.e) BATONS

Batons for all twirling events must have silver shafts (not coloured). The use of grip tape is optional. Tape pattern and colour should be applied bearing in mind this is a sport.

Grip tape can cover up to  $\frac{1}{2}$  of the shaft, divided equally from the centre (not the outer quarters: closest to the ball and tip). Grip tape can be applied in solid, striped or spiral fashion. Tape can be of any colour(s). Inside a Pair, Team or Group, the grip tape type and application must be the same.

### 2.5.f) SALUTES & PRESENTATIONS

Whilst not always a requirement a salute or presentation in acknowledgement of the judging panel is considered respectful.

# 2.6 RESPONSIBILITY OF ATHLETES, CLUB DIRECTORS & SUPPORTERS

# 2.6.a) HONOR CODE

Any falsification by or on behalf of an athlete may lead to permanent suspension from UTE sanctioned events.

#### 2.6.b) CONDUCT

At all times during a competition, athletes, club directors, officials and spectators are expected to conduct themselves in an orderly manner with good sportsmanship and dedication to the advancement of baton twirling.

i) SOCIAL MEDIA - This also applies to misuse on any Social Media forums e.g. Facebook, Instagram, Twirlchat, X(Twitter), etc.

Unsporting conduct, any form of abuse (including discriminatory) or interference on behalf of, or against, an athlete may result in suspension from UTE sanctioned events.

### 2.6.c) CHANGING FACILITIES

At no time are males allowed in the female changing rooms and vice versa, except for first aid requirements. Changing within the competition hall is not permitted.

#### 2.6.d) WARMING UP

Athletes are not permitted to warm up or practice with batons in the immediate competition area. Any athlete observed twirling in any area that is not designated for the purpose **e.g.** in the main hall, corridors, reception or areas normally set aside for spectators and the general public, by a competition official (committee member or judge) will in the first instance, receive a verbal warning, and the club director/parent of the offender will be made aware of the situation. Any subsequent incident will result in the offender being disgualified and forfeiting any award/s gained.

### 2.6.e) APPROACHING OFFICIALS

All matters relating to the competition should be directed from the Club Director/Independent Member to the Competition Director. Judges, administrators and tabulators should NOT be approached.

#### 2.6.f) FLASH CAMERAS

The use of flash cameras in the competition hall is prohibited except at the presentation of awards.

### 2.6.g) RECORDING

Only filming of own athletes will be permitted at UTE competitions. UTE reserve the right to view the film, in case of dispute and the film may be confiscated. The positioning of the camera will be at the discretion of the Competition Director. On occasion, for the purpose of video practise judging, the Technical Board, or a delegated representative, may video some classes.

Some tablets/i-pads have a very strong light when filming, which can be very off-putting for athletes, like flash photography, so spectators may be asked to switch them off.

### 2.6.h) ACCURATE PUBLICITY

Competition results must be referred to accurately by rightful names, age divisions and class titles, when dealing with the press and other persons. Athletes, parents or club directors must be accurate when passing competition results and information. For example, if a win is not in an advanced division, it should be pointed out.

# 2.6.i) PRESENTATIONS

When taking the floor at the conclusion of a competition for presentations, all athletes are expected to be appropriately dressed in competing costume. In addition, tracksuit tops only are allowed – tee shirts and tracksuit bottoms are not allowed. To receive an award, athletes must be in competing costume and on the presentation floor. Athletes are required to stay on the presentation floor until completion of all awards, unless prior authority has been obtained from the Competition Director. Disciplinary steps will be taken in respect of anyone not complying with this rule. A courtesy salute/presentation prior to receipt of an award is obligatory.

#### 2.6.j) HEALTH & SAFETY

Supporters & athletes should be aware that baton twirling can be dangerous. They attend competitions at their own risk and abide by guidelines to keep themselves as safe as possible. Athletes should warm up their bodies and not attempt tricks that are too difficult, to avoid injury. Spectators should keep out and back from the marked arenas and be aware of what is going on around them. Young children should be always supervised and not left to wander around the competition venues.

# 2.7 QUERIES & COMPLAINTS PROCEDURE

# 2.7.a) GENERAL COMPLAINTS

All correspondence between UTE and athletes should be via the Club Director. All complaints should be made in writing to the Secretary within 14 days of the incident. All complaints will endeavour to be dealt with within 14 days.

# 2.7.b) QUERYING RESULTS

Queries relating to technical issues, results or promotions should be sent to <a href="technical@unitedtwirlengland.org">technical@unitedtwirlengland.org</a> within 14days of the announcement. All queries will endeavour to be dealt with within 14 days.

# SECTION 3: Age Divisions

An athletes age throughout the competition year will be their actual age (in full years only) as of the 31st December of the current year.

Athletes may compete in older classes if no class is offered for their age group. I.e. A Tiny Tot may enter a Juvenile class for 2Baton.

# 3.1 INDIVIDUAL EVENTS

	Micro Tot	Tiny Tot	Juvenile	Preteen	Youth	Junior	Senior	Adult
	0-5	6-7	8 - 9	10 - 11	12 - 14	15 - 17	18 - 21	22+
Solo Pom Battle	*	*	*	*	*	*	*	*

# 3.2 DUET & TEAM EVENTS

Teams and duets must enter the division of the average age of the athletes.

	Micro	Tiny Tot	Juvenile	Preteen	Youth	Junior	Senior	Adult
	Tot							
	0-5	6-7	8 - 9	10 - 11	12 - 14	15 - 17	18 - 21	22+
Duet Show Twirl	*	*	*	*	*	*	*	*

	Micro Tot	Tiny Tot	Youth	Junior	Senior
	7.99	10.99	13.99	16.99	17+
Teams	*	*	*	*	*

To calculate the Average age of duet or team – add together all the members' ages and divide by the number in the routine. Use the actual year rounded down.

Eg Team athletes 1athlete who is 14yrs old, 2athletes who are 10yrs old, 2athletes who are 13yrs old, 1athlete who is 11yrs old by December  $31^{st}$  of the membership year. Total 71 years. Six members in routine = 71/6 = 11.83 = 11 = Youth.

Reserves must not alter the age division of any team.

# **SECTION 4:** Timings

TEAMS									
EVENT	MICRO TOTS	TINY TOTS	YOUTH	JUNIOR	SENIOR				
IBTF - TRADITIONAL	2-3 MINS MAX	2-3 MINS MAX	2-3 MINS MAX	2-3 MINS MAX	2-3 MINS MAX				
IBTF - EXHIBITION	2-3 MINS MAX	2-3 MINS MAX	2-3 MINS MAX	2-3 MINS MAX	2-3 MINS MAX				
IBTF - FLAG BATON	UP TO 3 MINS	UP TO 3 MINS							
IBTF - SHOW TWIRL	3-4 MINS MAX	3-4 MINS MAX	3-4 MINS MAX	3-4 MINS MAX	3-4 MINS MAX				
TEAM BATON	2-3 MINS MAX	2-3 MINS MAX	3-4 MINS MAX	3-4 MINS MAX	3-4 MINS MAX				
TEAM POM	2-3 MINS MAX	2-3 MINS MAX	2-3 MINS MAX	2-3 MINS MAX	2-3 MINS MAX				
MILITARY FREESTYLE	3-4 MINS MAX	5-6 MINS MAX	5-7 MINS MAX	8-10 MINS MAX	10-12 MINS MAX				

	Micro	Tiny Tot	Juvenile	Preteen	Youth	Junior	Senior	Adult
	Tot							
	0-5	6-7	8 - 9	10 - 11	12 - 14	15 - 17	18 - 21	22+
Duet Show	1.45-2	1.45-2	1.45-2	1.45-2	1.45-2	2-2.30	2-2.30	2-2.30
Twirl	mins	mins	mins	mins	mins	mins	mins	mins

For all events with set music judging will stop at the end of the music and anything performed after will not be judged.

# SECTION 5 : Restrictions & Definitions

5.1 GENERAL RESTRICTIONS (PLEASE SEE BATON TWIRLING RULE BOOK FOR TWIRL EVENTS)

# 5.2 ACROBATICS

Acrobatic movements and mounts are not allowed in any of the Majorette disciplines (Excluding, Team Baton and Team Pom ) and are cause for disqualification.

#### Definition of an Acrobatic Move:-

A movement will be considered acrobatic in a MAJORETTES program when the intent of the movement is for both feet to leave the floor, travel over the head and land on the floor on the opposite side. The feet can leave the floor or land on the floor either at the same time or one at a time. This applies when the move is executed on: • the hand(s) (e.g. a cartwheel done on the hand(s)) • the arm(s) (e.g. a cartwheel done on the forearm(s)) • the head (e.g. a headstand) • in the air with the support of another person's body (e.g. a cartwheel done while supporting the body on the leg(s) of another person) Typical examples are: front or back walkovers, cartwheels, etc Definition of an Aerial Acrobatic Move A body movement in which the athlete turns completely over in the air without being supported or touching hands on the floor Examples: • In the air without support of the body (eg side aerial; back flip; aerial walkover) Definition of a Mount Mounts are defined as any body toss or form that is two stories or more. A story (as in 10-story building) is defined as a person's height. 1/2 story is defined as a person kneeling/sitting or lunging. Stacking one person on top of another to achieve a pyramid shape or similar form is not permitted. NOTE: A horizontal butterfly (where the feet do not go over your head) is not considered an aerial acrobatic move. It is considered a major body move.

# 5.3 RESTRICTIONS – BATON TEAM DIVISIONS

CATEGORY	Division 3	Division 2	Division 1
SPINS	1 SPIN	2 SPIN	NO RESTRICTION
BATON	ANY RELEASE ANY RECEPTION	ANY RELEASE ANY RECEPTION	ANY RELEASE ANY RECEPTION
ILLUSIONS AND GYMNASTIC MOVES	AS A FOLLOW THROUGH OR FULL HAND MATERIAL ONLY	BATON MAY BE CAUGHT INSIDE MOVE, I.E FLIP CATCH INSIDE ILLUSIONS, 1 SPIN CATCH INSIDE ILLUSION	NO RESTRICTIONS

# SECTION 6: Penalty Definitions

6.1 ( PLEASE SEE BATON TWIRLING RULE BOOK FOR TWIRL EVENTS )

PENALTY	DEFINITION	DEDUCTION
Headcount	A team can not dance with less than 4 members.	
Team Drops	Baton and Poms	0.5 per Drop
Pom Solo / Team	Hazardous Move	5 points Penalty
Team Timing	Under or Over time	5 points Penalty
Lifts	Lifts are permitted in Team Pom and Baton, if fully supported. However, at the discretion of the judging panel, any lifts performed and considered not supported adequately will incur a penalty. Please consider the skill of the team members in this respect	5 points Penalty
SHOW TWIRL/DUET SHOW TWIRL	<ul> <li>3 Spins maximum (front reception /no extra turn or spin to complete the reception)</li> <li>One Illusion only under a toss with baton or prop /no other body movement combined (front reception /no extra turn or spin to complete the reception)</li> <li>Spin(s) before or after illusions is(are) not allowed</li> </ul>	2 points Penalty
	Acrobatics and mounts are not allowed	Disqualification
TRADITIONAL	<ul> <li>No releasing/tossing of the baton is permitted</li> <li>No exchanges</li> <li>Kneeling and floor moves are not allowed at anytime.</li> <li>No intentional grounding of the baton is permitted.</li> <li>In the event of a drop, competitor must retrieve the baton as quickly as possible.</li> </ul>	2 points Penalty
EXHIBITION	More than two-baton work is not allowed.     All modes of twirling, exchange work and dance footwork are permitted     No floor movements are permitted with exceptions of opening and final position     No props permitted     No acrobatics or mounts allowed     Maximum of 2 spins permitted     Illusions are not permitted     Kneeling is ONLY allowed at the beginning and end positions ( maximum of 16 counts )	2 points Penalty
BATON FLAG	<ul> <li>Illusion is not allowed</li> <li>Maximum of 2 spins</li> <li>No other material is allowed than a qualified flag baton</li> <li>Flag Batons must not be intentionally placed on the floor</li> </ul>	2 points Penalty

	Floor movements are ONLY allowed for opening and final positions (maximum of 16 counts)	
BATON TEAM	Restriction Break	5 points penalty
DISQUALIFICATI	Athletes will be disqualified for any of the following reason a) Unsportsmanlike Conduct – swearing, ex disrespecting officials or other athletes b) Failure to comply in a level reflective of the c) Intentionally interfering with another athlet performance d) Any athlete or club deemed to have proving information to the competition director e) Team members leaving the floor during a  Athletes may be disqualified for any of the following reason interference by, or on behalf of, an athlete g) Leaving the floor before other athletes has routines h) Jockeying for position or not co-operating officials i) Coaching from the side-line j) Taking of flash photographs within the conk) Twirling in any area that is not designated	cessive anger, ue ability te during their ded false performance ons: - e ve completed their with competition

# SECTION 7: Event Definitions

United Twirl England prioritise the **quality** and **technique** over content and difficulty, in all the below routine definitions.

# TRADITIONAL CORPS:-

This is a routine which shows the majorette tradition, choreographed to personal choice of music. The main focus is on Marching and Maneuvering with the use of baton, choreographed to the musical phrases, tempo and rhythm and presented with proper technique and appropriate performance qualities. Emphasis is to be placed on precision of marching & maneuvering, floor coverage, teamwork and effects throughout the entire program.

Every member of the group must use a baton.

Number of Members Minimum of 4 members

Production Time 2-3 minutes. 1st note to last note of music.

**EXPECTATIONS:** Entertaining and Unique routine with good balance between the use of marching and use of baton.

Marching and Body movements:

Variety and Diversity
Marching with Correct Technique: upper/lower body
Unison / Uniformity
Rhythm
Various styles of small dance steps are acceptable

#### Maneuvering:

Variety and Difficulty of formations

Definition of the formations: Designs / Alignments / Spacings

Floor coverage / Use of the floor

**Transitions** 

#### Baton:

A salute to the judges is mandatory for presentation after entering the floor, by one or more member(s)

Only basic baton handling and twirls are permitted: full hand materials, loops and swings.

Hand to hand passes only (to ourself or to another team member)

Correct Technique and Control Production:

#### **Teamwork**

General effects / Staging

Showmanship and Presentation/ Projection / Entertainment value

#### **Content Restrictions**

- · No releasing/tossing of the baton is permitted
- No exchanges
- Kneeling and floor moves are not allowed at anytime.
- No intentional grounding of the baton is permitted.

In the event of a drop, competitor must retrieve the baton as quickly as possible.

# **Exhibition Corps**

The emphasis of this discipline is a corps performing a routine with marching and changing formations, with timing, perfection and precision. The routine may begin and end anywhere on the floor. The choreography must be a mix of various style of marching and dancing with the emphasis being on the drill design, maneuvering, staging and creating pictures and patterns. The choreography should display good quality of twirling skills and concepts. Continual changing of formations and precision and unison are the key elements during the entire routine.

All members must use one baton. Salute is not required.

### **Number of Members**

Minimum of 4 members

# **Production Time** 2-3 minutes.

1st note to last note of music.

#### **CONTENT RESTRICTIONS:**

- More than two-baton work is not allowed.
- All modes of twirling, exchange work and dance footwork are permitted
- . No floor movements are permitted with exceptions of opening and final position
- No props permitted
- No acrobatics or mounts allowed
- Maximum of 2 spins permitted
- · Illusions are not permitted
- Kneeling is ONLY allowed at the beginning and end positions ( maximum of 16 counts )

# SHOW TWIRL ACCESSORIES CORPS (DUET SHOW TWIRL)

The emphasis of this event is on entertainment and balance between the use of baton and chosen props. The main importance is the baton and dance combinations to implement the show and simultaneous blending of body and baton should be demonstrated while displaying a wide range of skills in all modes of twirling and bodywork.

Accessories must be included to compliment the chosen theme of the program to create musical interpretation and visual effectiveness. Stationary moves as well as travelling moves and floor moves are part of the choreography.

#### **CONTENT RESTRICTIONS:**

- 3 Spins maximum (front reception /no extra turn or spin to complete the reception)
- One Illusion only under a toss with baton or prop /no other body movement combined (front reception /no extra turn or spin to complete the reception)
- Spin(s) before or after illusions is(are) not allowed
- · Acrobatics and mounts are not allowed

#### **EXPECTATIONS**

Members' responsibilities include:

- Teamwork
- Staging (utilization of floor, design patterns, creating pictures to music with all props including batons)
- Seamless transitions between equipment
- Precision and unison of all members with all props including batons
- Creative handling of all equipment chosen to be used as props
- Musical interpretations with all equipment chosen as props
- Accessories:

Any number of props/equipment can be included but a baton and a minimum of 2 accessories of props/equipment is obligatory. Credit will be given for accessories (props/equipment) used in an appropriate manner to which they are intended, highlighting the story or theme of the routine. The story or theme of the routine should be displayed in respectful and tasteful manner; keeping in mind that this is a sport. Accessories have to be used, held, touched or manipulated at sometime during the performance. Every athlete must use a baton or accessory during the entire performance.

Exception: Members can only be without a baton or accessory for a short time (maximum period of 16 counts) when changing from one piece of equipment to another. All competitors must start and finish touching an accessory or baton with a part of the body

#### **Number of Members**

Minimum of 4 members

**FLOOR MOVES DESCRIPTION** Floor moves are acceptable in Showtwirl event, keeping in mind that floor moves can be Dance moves, as long as they are not also classified as an Acrobatic Move. (See definition of Acrobatic move under General Rules on Page 6.

**ACCESSORIES DESCRIPTION** Accessories are limited to 2.5 meters high and 3.0 meters long maximum (accessories may extend during the production: after the first note of music till the last note of music but must meet the maximum limit to enter and exit the floor). Scenery and stationary backdrops that are not used /touched/manipulated are not allowed. The use of hazardous or pyrotechnics props is strictly prohibited along with any product or equipment that has the ability to set off fire alarms or compromise the health and safety of anyone in attendance to the competition. Costume could be used and manipulated: it will then be considered as accessories

**Production Time**: 3'00 – 4'00 min. 1st note to last note of music

**Entrance and Exit:** The corps has 1 min maximum to enter the floor and 1 min maximum to exit the floor. This time includes the introduction and removal of all accessories. Accessories have to be brought/picked up/removed by the competitors at the beginning and the end of the performance.

# Flag Baton Team

A Flag Baton Team performs a routine with marching and dancing combined with twirling a flag baton and choreographed to personal choice of music.

The main focus is the combination of Marching and flag-baton twirling.

The choreography should display good foundations of flag-baton twirling and excellence of basic flag-baton twirling concepts.

Variety of maneuvers, floor patterns and effects are required.

Changing of formations is expected.

The athletes have to finish the choreography by holding the equipment. Salute is not required Exchanges are allowed

**Qualified Equipment:** Flag is one piece of material attached to a flagpole (a special baton) and used as a flag. The flagpole must have only one flag. Swivels on the baton are mandatory. Material on chains, ropes or clothing are not permitted. The length of one-ended pole is maximum 82 cm long; Width of flag-material on Flag Baton should be according to the length of the pole. There are no restrictions for the flag size.

#### **Number of Members**

Minimum of 4 members

**Production Time**: 3.00 minutes max. 1st note to last note of music. Entrance must be from the left of the judges and exit to the right. Should be simple, quick and without music.

### **CONTENT RESTRICTIONS:**

- · Illusion is not allowed
- · Maximum of 2 spins
- No other material is allowed than a qualified flag baton
- Flag Batons must not be intentionally placed on the floor
- Floor movements are ONLY allowed for opening and final positions (maximum of 16 counts)

# **POM TEAM**

The entire performance is choreographed to music of own choice. A themed routine may be performed if selected by the team. All routines will be judged on the same criteria. The routine should be created using original choreography to include a variety of balanced formations and seamless transitions fully integrated within the routine, using footwork / bodywork and pom movements combined to create effective pictures and patterns, using correct technique throughout and interpreting the music and entertaining the audience. The entire floor space, central and corner positions should be utilised. The majority of transitions should be created with relationship to all members, e.g. not using members as markers. The expectation is the majority of the routine will be nonstatic. Movement should not be a separate entity but combined throughout. Position changes should flow logically and be mostly continuous throughout the routine.

#### **Number of Members**

Minimum of 4 members

Production Time: 2- 3.00 minutes max.

# **CONTENT RESTRICTIONS:**

Hazardous moves - No gymnastic movements are permitted where your body weight is supported by your hands on the floor whilst holding poms, e.g. cartwheels, walkovers, handstands, as these moves

are deemed unsafe, and if performed, will incur penalties. This list is not exhaustive and any other gymnastic movements deemed unsafe will be penalised at the judges discretion.

Lifts - ifts are permitted if fully supported. However, at the discretion of the judging panel, any lifts performed and considered not supported adequately will incur a penalty. Please consider the skill of the team members in this respect.

## **BATON TEAM**

The entire performance is choreographed to music of own choice. A themed routine may be performed if selected by the team. All routines will be judged on the same criteria and should be constructed to the twirling skill of all dancers. The routine should be created using original choreography to include a variety of balanced formations and seamless transitions fully integrated within the routine, using dance steps / sequences / bodywork / footwork and twirling combined to create effective pictures and patterns, using correct technique throughout and interpreting the music and entertaining the audience. The entire floor space, central and corner positions should be utilised. Movement should not be a separate entity but combined throughout. Position changes should flow logically and be mostly continuous throughout the routine. The majority of transitions should be created with relationship to all members, e.g. not using members as markers, and the expectation is the majority of the routine will be nonstatic

#### **Number of Members**

Minimum of 4 members

Production Time: 2- 3.00 minutes max.( Micro/Tiny Tots ) 3-4.00 minutes Max (Youth, Junior, Senior)

#### **CONTENT RESTRICTIONS:**

Lifts - lifts are permitted if fully supported. However, at the discretion of the judging panel, any lifts performed and considered not supported adequately will incur a penalty. Please consider the skill of the team members in this respect.

## **POM BATTLE**

The Solo Pom routine should be choreographed to UTE set music. The routine should display continual body and pom movements showing strong technique of body, pom and arm movements, along with rhythm, timing and pace.

The contestant should also display commitment, good technique, coordination, blending of moves, smoothness, control and excellent presentation skills, providing a routine with variety, originality, logical movement, flow, musicality and a routine for the audience to enjoy.

# MILITARY FREESTYLE

### **Number of Members**

Minimum of 4 members

Production Time: ( See Section 4 TIMING )

An entry and exit onto the arena is required (It is up to the individual team where this may be)

The routine is to be a balanced mix of Military formation, variety of marching styles, baton sequences and dance steps. Timing to music is key and all members must be in step throughout. Lines, spacing and precision are expected along with excellent musicality and showmanship.

### **CONTENT RESTRICTIONS:**

No Content restrictions, however any content should be at the level of the athletes competing. The expectation is that any content is performed with precision and good technique.